



LOWELL LEADERS' PLAYGROUND UNDERSTANDINGS

Before School Recess

- Students should arrive no earlier than 8:00. There is no supervision prior to this time.
- Breakfast is available in the cafeteria (8:00 - 8:20).
- Students will be on the playground until 8:25 when the bell rings
- At 8:25, students freeze when hearing the bell. Students put equipment away and walk to their designated areas and wait for their teachers to bring them into the building.
- **During very inclement weather, students will be required to go to one of the indoor options (gym-primary and library-intermediate).**

Indoor Recess (For very inclement weather)

- For the 15 minute recess, the recess supervisor will rotate to the different classrooms and provide student supervision for each teacher to have a short bathroom break.
- For lunch recess: see Umbrella Schedule

BE A LEADER ON THE PLAYGROUND

Be Proactive - *I do the right thing without being asked, even when no one is looking.*

Think Win-Win - *When conflicts arise, I am respectful and I look for alternatives.*

Seek First to Understand, Then to be Understood - *I listen to other people's ideas and feelings without interrupting, and I try to see their point of view.*

Sharpen the Saw - *Have fun and enjoy your recess.*

General Outside Rules

- Play safe, fair, and respectfully.
- Equipment is shared by all students.
- Stay only in the zoned areas in view of a supervisor.
- Use equipment appropriately and return to equipment bin at end of recess.

- As exciting as recess can be, remember to **walk from the cafeteria to the playground**
- Get a pass from supervisor if you are ill, injured, or need to use the restroom.
- Toys must be left at home.
- Throwing or kicking rocks, sticks, snowballs, are not allowed.
- At Lowell, we use Playworks games that are SAFE, FAIR and FUN for all students.
- Use "Roshambo" or Kelso's Choice for small problems.
- Come to supervisors with big or ongoing problems.
- Accept courteously the supervisor's decision as to what is safe and appropriate.
- For safety, walk on the stairs and not slide down the stair railings.
- When a bell or whistle sounds on the playground, please stop your activity and listen for instructions from the adult on duty.
- Wear warm clothing when the weather is cold or wet.

Play Structure Area and Hill

- These are walking zones only.

All Slides

- Feet first, bottom down, facing forward, and going down only.
- Only one student can be on the ladder and slide portion at a time.
- Slide must be completely clear at the bottom before going down.

Monkey Bars (These are the hoops and bars on the new structure.)

- These bars are for hanging on **only**.
- Don't tie ropes, clothing items etc. on the bars.

Gymnastics Bars (These are the straight bars on the older structure)

- These bars are for hanging on, sitting on, and doing spins.

Use of Jump Ropes and Hoops

- A bin of small equipment is provided for morning, lunch and afternoon recesses.
- Return all equipment to bin after using it.
- Equipment should be used safely and be used on the red zone.
- If equipment is damaged, thrown or kicked off school grounds, or otherwise out of reach - tell a playground supervisor immediately (do not get it yourself).

BE A LEADER WHEN PLAYING GAMES

Think Win-Win - *When conflicts arise, I am respectful and I look for alternatives.*

Synergize - *I value other people's strengths. I work well in groups. I am humble.*

Snowy Weather Playground Guidelines

- No running or chase games on snow or ice-covered ground.
- No throwing of snow or ice.
- Cones mark areas of known ice, please walk cautiously.
- Snow forts, snowmen, snow angels etc... may be constructed on blacktop. Students should be respectful of others' constructions, so they may be shared and enjoyed by all.

GENERAL SAFETY RULES SHOULD BE FOLLOWED DURING AFTER SCHOOL HOURS!